

## **Minutes**

### **STUDENT AFFAIRS AND ATHLETICS COMMITTEE**

**Hampton Roads Room, North End Center**

**8:30 a.m.**

**April 3, 2017**

#### **Board Members Present:**

Gabe Cohen, Undergraduate Student Representative

Rector James (Jim) Chapman

Mehmood Kazmi

Chris Peterson

Mehul Sanghani, Committee Chair (Student Affairs and Athletics)

#### **Guests:**

Joycelynn Acheampong, Whit Babcock, Omar Banks, Taran Cardone, David Clubb, Matt Ebert, Joe Edens, Eleanor Finger, Randy Fullhart, Tom Gabbard, Martha Glass, Hunter Gresham, Hikmet Gursoy, Lee Hawthorne, Amy Hogan, Byron Hughes, Robin Jones, Frances Keene, Lia Kelinsky, Cathy Kropff, Jaclyn Marmol, Eric Margiotta, Stephen McTigue, Casey Molina, Andrew Motuapuaka, Seyi Olusina, Kim O'Rourke, Leilani Padilla, Patricia (Patty) Perillo, Eryn Peters, Charlie Phlegar, Donna Ratcliffe, Bradi Rhodes, Eryn Roberts, Rohsaan Settle, Frank Shushok, Tricia Smith, Steve Sturgis, MJ Ulrich, Heather Wagoner, Penny White, Jessica Wirth, Chris Wise, and Jennie Zabinsky.

**The meeting was called to order at 8:31a.m.**

#### **Open Session**

- 1. Introductions, Opening Remarks, and Approval of November 7, 2016 Minutes:** Mr. Mehul Sanghani, committee chair, offered introductions and opening remarks, and he presented the minutes of the November 7, 2016 Student Affairs and Athletics Committee meeting to the committee for review and approval.

**A motion was made and passed unanimously to approve the minutes as written.**

- 2. Intercollegiate Athletics Report:** Mr. Whit Babcock, director of athletics, offered an update on intercollegiate athletics, including scholarships and the success of the Drive for 25 campaign. He introduced Mr. Omar Banks, the new Senior Associate Director for Finance and Administration in Athletics. Mr. Tom Gabbard Senior Associate Athletic Director for Facilities and Operations discussed the goal for increasing dining space for student athletes. Ms. Jennie Zabinsky, presented on the proposed improvements to the Athletic Nutrition Center for the student athletes and shared the changes in the nutrition program. Student

athletes Andrew Motuapuaka and MJ Ulrich shared their experiences with nutritionists and fueling stations on campus.

3. **LLC's – Mozaiko and Studio 72:** Vice President Patty Perillo and Dr. Eleanor Finger, director of housing and residence life, gave an overview of housing on campus and goals for increasing living learning communities the future. Ms. Lia Kelinsky of the Cranwell International Center, Mr. Matt Ebert from housing and residence life, and students Casey Molina and Jessica Wirth presented on two new Living Learning Communities. Both Mozaiko, an internationally-focused Living Learning Community, and Studio 72, a creativity and arts-focused Living Learning Community, will open in fall 2017.
4. **Student Panel:** Ms. Tricia Smith, director of the intercultural engagement center introduced four student leaders of student organizations representing under-represented student populations. The students responded to questions posed by the Board members.

### **Adjournment**

There being no further business, the meeting adjourned at 11:02 a.m. and the Committee members accepted the invitation of the Buildings and Grounds Committee to view the Master Planning presentation.



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**ATHLETICS**

# Intercollegiate Athletics report to the Student Affairs & Athletic Committee of the Board of Visitors

April 3, 2017



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DRIVE FOR 25



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**ATHLETICS**



# **VT** SPORTS **NUTRITION**

Jennie Zabinsky, MAEd, RD   Assistant AD, Sports Nutrition

**FOOD IS YOUR FUEL**

# What people think we do...



© Randy Glasbergen  
[www.glasbergen.com](http://www.glasbergen.com)

**“You’ll lose weight on any strict diet,  
but it’s mostly water...from crying.”**





What we  
REALLY do



# VT Sports Nutrition Evolution

**2011: Humble Beginnings...**



# VT Sports Nutrition Evolution

2013

- NCAA Deregulation of Feeding
- Increased Feeding Responsibilities
- Addition of 5 Fueling Stations
- Training Table Improvements
- Increased Staff
  - 2013– 1 GA
  - Now – 1 assistant, 2 GAs, 1 Gatorade SNIP fellow

# VT Sports Nutrition Evolution

- Increased policies & procedures
  - Dietary Supplements
  - Iron
  - Vit D
  - Concussions
  - Food Allergies
  - MNT issues
- Collaboration with Sports Med/Psych/S & C
- Body Composition Testing: BOD POD
- Science--Based Sports Foods/Supplements



# Olympic Sports Nutrition Oasis



# Football Fueling Station





# Bringing Teams Together





# Bringing Teams Together





# There's more work to do...

- Stay on the cutting edge – point of differentiation for Virginia Tech
- Continue to enhance the performance and overall health of our student-athletes
- Provide science--based sports supplements to improve performance
- Continue to increase staff
- Training Table for ALL 22 sports...
- #1 priority (along with campus residence halls) for Coach Fuente, Coach Williams (and other head coaches)

# Thank you!

Jennie Zabinsky  
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Instagram:  
Hokie\_Fuel

Twitter:  
@HokieFuel

Website:  
<http://www.hokiesports.com/nutrition/>





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Andrew Motuapuaka

- R-Junior
- Linebacker





# VIRGINIA TECH<sup>®</sup>

## ATHLETICS

MJ Ulrich

- Junior
- Event: Breastroke





# Existing Bowman Room



# Athletic Nutrition Center, Interior Conceptual Rendering



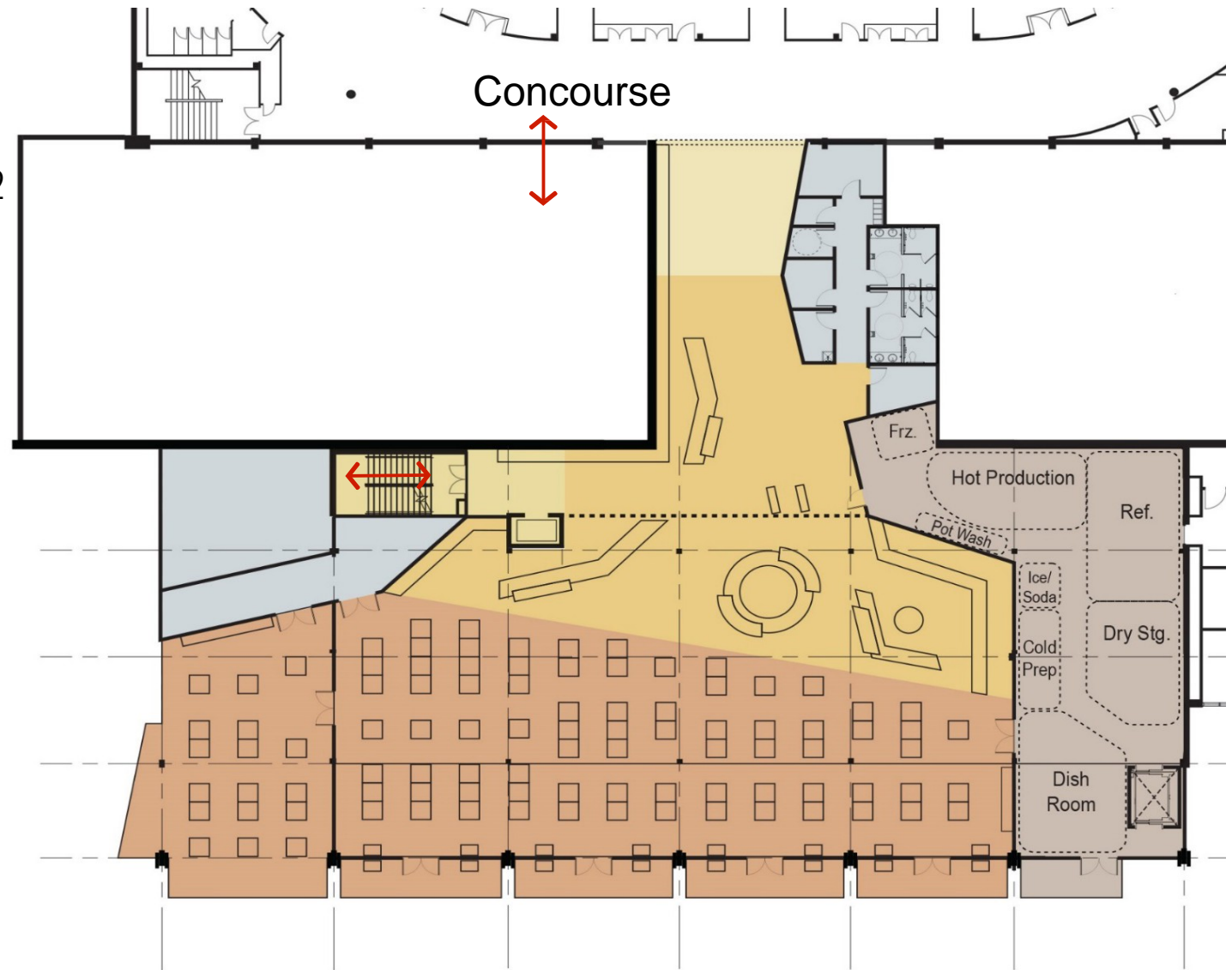


Athletic Nutrition Center, Conceptual Rendering



## Athletic Nutrition Center Fourth Floor

- 250+ Seats
- Restrooms to be provided per 2012 International Building Code (IBC) fixture count minimums



- ↔ Means of Egress
- Dining
- Kitchen
- Servery
- Circulation
- Support



# PROPOSED CONCEPT





**VIRGINIA TECH<sup>®</sup>**  
**ATHLETICS**

Closing Remarks  
Q & A





# LIVING-LEARNING COMMUNITIES:

## The Transformative Residential Experience

Virginia Tech BOV Meeting, April 3, 2017

# LLCs: A STRATEGIC ADVANTAGE FOR VIRGINIA TECH

- Integrated Academic & Co-curricular Experience
- Expand Faculty Relationships
- Increase Access
- Diversify Perspectives & Learning
- Dynamic Intellectual & Interpersonal Connections





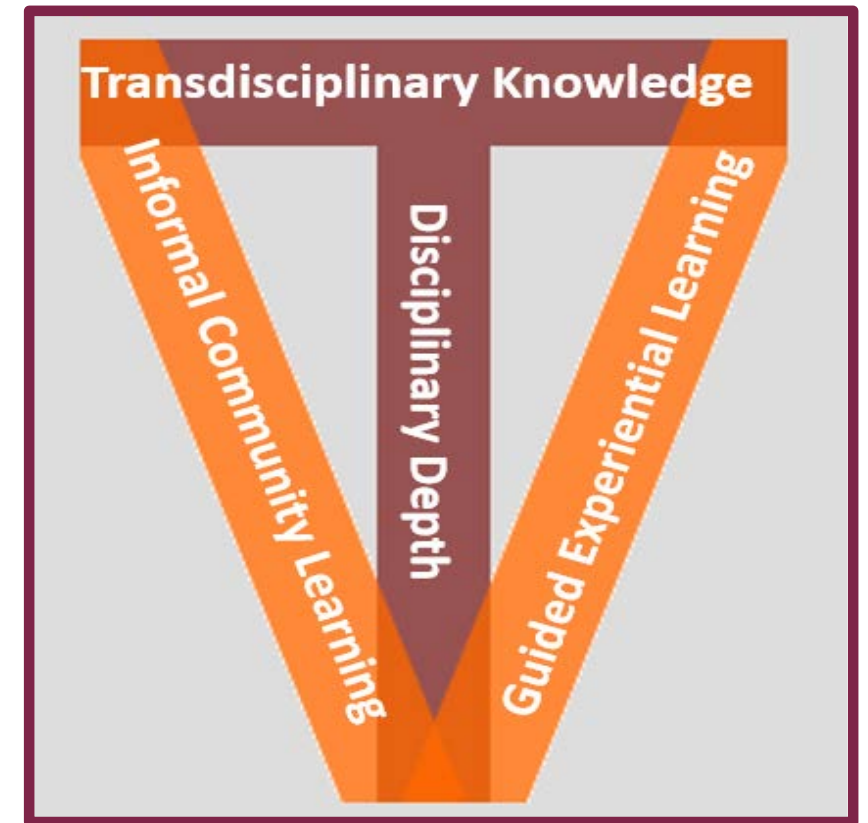
# LLCs: TRANSFORMING THE STUDENT EXPERIENCE



Fraternity and Sorority Life  
Oak Lane Community



VIRGINIA TECH



# LLCs: PLAN FOR GROWTH

- 35% to 65% by 2023
- Grow Faculty & Alumni Interest
- Increase Bed Count
- Assessment for Strategic Planning & Success



# LLCs: STUDENT ENGAGEMENT

Living-Learning Communities at Virginia Tech



A living-learning community is a place where  
students and faculty can come together and



0:29 / 3:57



VirginiaTech.  
Division of Student Affairs





# Mozaiiko

A LIVING-LEARNING COMMUNITY FOR GLOBAL CONVERGENCE

Lia Kelinsky, Program Director, Mozaiko &  
Assistant Director for Intercultural Programming, Cranwell International Center



# SEE THE WORLD, WHILE LIVING ON CAMPUS....

- Domestic and international students living together
- Practice a foreign language
- Cultural Programming
- Dialogue with faculty



# STEERING COMMITTEE

- **Lia Kelinsky**, Program Director and Assistant Director for Intercultural Programs, Cranwell Int'l Center
- **Matt Ebert**, Program Specialist for Learning Initiatives
- **Amanda Eagan**, Assistant Student Life Coordinator
- **Jennifer Lawrence**, Senior Instructor, English
- **Nala Chehade**, Undergraduate Student
- **Tanvee Badheka**, Undergraduate Student
- **Theresa Johansson**, Director Global Education Office
- **Kirsten Davis**, Graduate Assistant, College of Engineering
- **Laura Zanotti**, Associate Professor, Political Science
- **Monika Gibson**, Director of Student Services, Graduate School Services
- **Sarah Sierra**, Assistant Professor, Foreign Languages and Literatures
- **Yannis Stivachtis**, Associate Professor and Director of International Studies, Political Science
- **Mohamed Mwinyi**, Graduate Student, Political Science

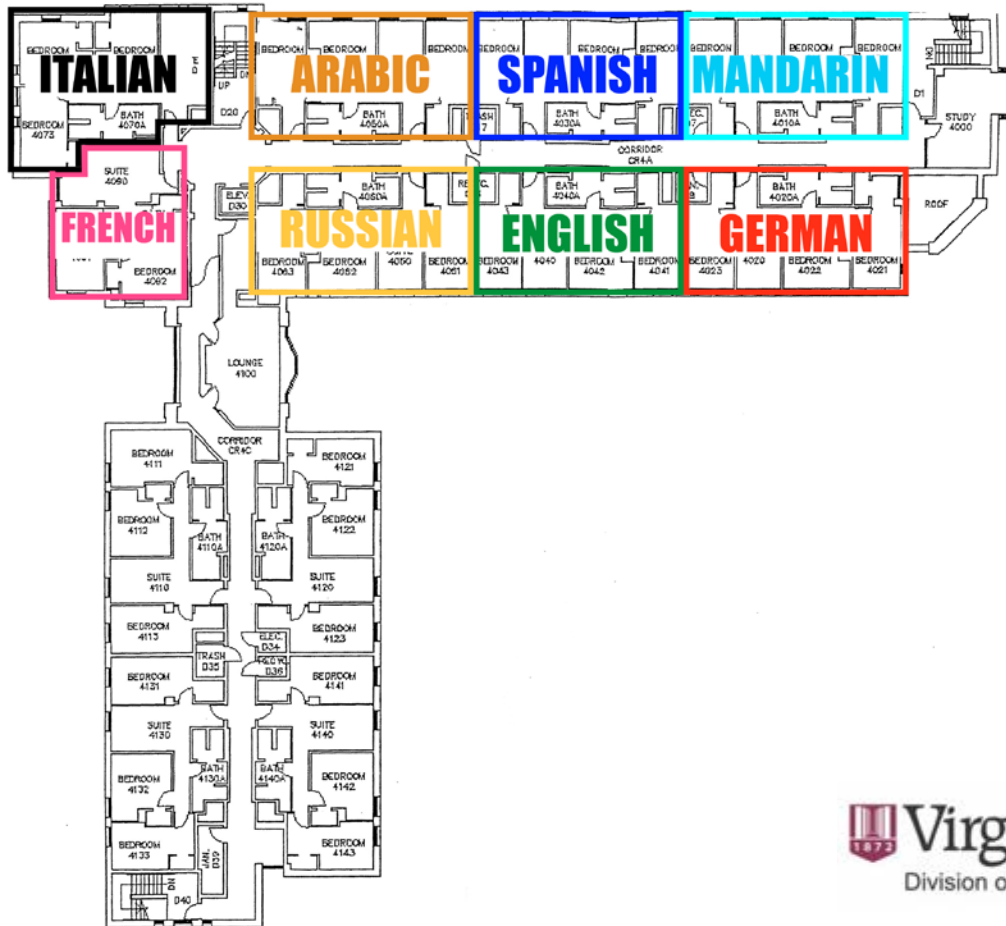


# STUDENTS WILL LEAVE WITH...

- Global & intercultural perspective
- Increased foreign language fluency
- Leadership skills and experiences



## A group of students are seated in a circle in a room with large windows. They are holding papers and looking towards the center, suggesting a group discussion or presentation. Name tags are visible on the floor in front of them.





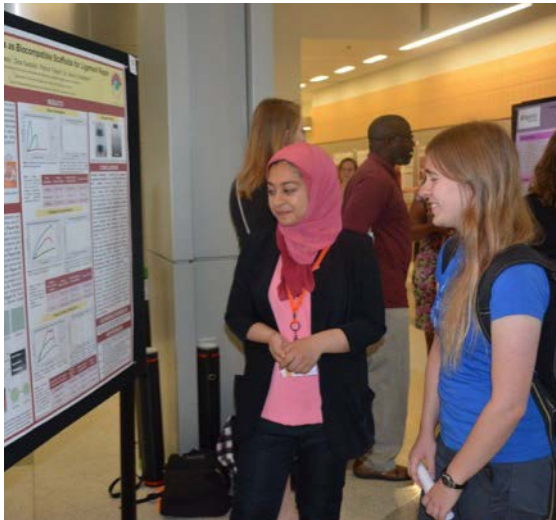
# INTERCULTURAL PROGRAMMING

- Mixers with steering committee faculty
- World on Wednesdays
- Monthly Global Community Celebration



# GROWTH AREAS

## Undergraduate Research



Spring 2018

## Undergraduate Internships



Fall 2018

## International Service Learning



Spring 2019

# HEAR FROM A MOZAIKO STUDENT

## Casey Molina, Class of 2019

Multimedia Journalism with an International Studies Minor

- Spanish language pod
  - Studying abroad





## **A LIVING-LEARNING COMMUNITY HOUSING CREATIVITY AND THE ARTS**

Matt Ebert, Program Specialist for Learning Initiatives & Program Director, Studio 72: Living the Arts



# BACKGROUND

- Steering Committee Members:

Ruth Waalkes , Moss Center for the Arts	Robin Boucher, Student Affairs
Kevin Concannon, School of Visual Arts	Susanna Rinehart, Theatre and Cinema
Willie Caldwell , M.F.A Candidate	Charles Nichols, Music
Matt Ebert , Student Affairs	Matthew Vollmer, English
Rohsaan Settle, Student Affairs	Becky Ghezzi, P. Buckley Moss Gallery
Victoria Javier, Undergraduate student	
Riley Orwig, Undergraduate student	
Eleanor Finger, Student Affairs	



# COMMUNITY OVERVIEW

*Studio 72 is a multigenerational, interdisciplinary community that aspires to provide space and time for students interested in the arts to explore the process of creativity and making outside of their academic coursework in community with others.*

## LEARNING OUTCOMES FOR STUDENTS IN STUDIO 72:

- Perform or displays works created throughout the year
- Articulate components of their artistic process in arts-making
- Participate actively in critique of multiple arts disciplines



# WHAT STUDIO 72 DOES FOR STUDENTS

- Provides time and space for arts making
- Accessible, collaborative environment
- Close proximity to peers from diverse majors
- Increased face time with expert faculty
- Community ownership, continued reflection,  
and responsibility





# OPERATION & CURRICULUM

- Student-led teams advised by program director, including:
  - Budget
  - Showcase and Programming
  - Media, Marketing, and Communication
  - Outreach and Recruitment
- One-on-one mentoring
- Exclusive studio space on their hall floor



# Curriculum Continued...

- Process and Critique discussions (Tuesday evening) weekly
- Making Workshops with faculty/visiting artists (Friday afternoon) every other week
- Engagements with visiting artists and speakers
- Travel to arts events locally, regionally, out of state

# WHAT STUDENTS ARE SAYING

“My major is Meteorology, so I have little to no time to work on something I love, art, and have no connection to a group I can work with. Studio 72 will allow me to be a part of the community I long to be a part of again, so I can continue to improve my artistic ability.”

**Amanda, Class of 2019**

“I signed up because I’m an arts students at a school that’s mostly science and engineering...I wanted to get to know other arts majors...to encounter more artists and get more involved as a theater major.”

**Patrick, Class of 2020**

“I am most excited to experience life surrounded by artistically diverse people...but I’m also most nervous to experience life surrounded by artistically diverse people. But mostly just excited.”

**Jessica, Class of 2020**



# CONNECT WITH STUDIO 72



[Studio72@vt.edu](mailto:Studio72@vt.edu)

@VTStudio72

# THANK YOU



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Eleanor F. Finger, Ph.D., Director of Housing and Residence Life, [efinger@vt.edu](mailto:efinger@vt.edu)

Lia Kelinsky, Program Director for Mozaiko Living-Learning Community, [liak9@vt.edu](mailto:liak9@vt.edu)

Matt Ebert, Program Director for Studio 72 Living-Learning Community, [emcle90@vt.edu](mailto:emcle90@vt.edu)

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